



Southern Alberta Individualized Planning Association
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BOARDS, COMMITTEES AND MEETINGS WORKSHOP

This is a workshop for people that want to understand the different types of Boards, committees and meetings. It will give people an deeper understanding of what is all involve and learn some key tips for being involved with a Board, committee or meeting. The information and exercises will also be a way to open up conversations between facilitator and participants as well as it will be an opportunity for peer-to-peer support.



WORKSHOP GOALS

At the end of this workshop, participants will:



- Know the differences between a Board and Committee
- Know what a meeting involves from setting the meeting, creating an agenda and making a meeting successful
- Understanding board member, committee member and meeting roles
- Be ready to get involved with a Board, committee or help to create a successful meeting

Participants will learn the workshop material through a way that helps each participant to learn from themselves and each other. The discussion topics and exercises can be used with a small group or with individuals.

Resources will be provided to help participants learn new skills and apply the new ideas when being part of a Board, committee or meeting.

Assisting individuals with developmental disabilities to grow as valued and participating members of their community.